

Date: 11/7/2023
Client: Sample Client
Gender: Male
Age: 61
DOB: 1962-12-27



650 Enterprise Blvd unit 3307 Charleston SC, 29492
info@somasonder.org 7325800635
Provider: Krista Morton, Integrative Health Practitioner

KM - AK Findings + Recommendations

Date of Service: Nov 7 2023

Time of Service: 7:16 PM

Name

Ray Morton

Total Pathogens and Stressors

Stressors	%
Heavy Metal	56
Lyme + Co-Infections	84
Vaccine	56
Parasitic	57
Bacterial	87
Fungal	83
Viral	94
Mold	87
Prescription	84
Allergy	67
Hormone	53
Chemicals	36
Radiation	77
Radon	56

Additional Notes and Recommendations

We will be shipping you an ionized detox hand bath and cupping set. There are many therapies listed above but we will help you to implement them for the duration of your program.

Getting the Most out of Your Meditations

We encourage you to utilize the journaling feature in Healthie to keep track of your experiences. By doing so, Krista & the team can further guide you and troubleshoot anything that may come up. W

To use the Journaling feature, follow the directions below:

1. Log into your Healthie Member Portal from a web browser or from the Healthie Mobile App. Most members choose to journal from the app, due to its convenience.
2. From your home screen, click/tap the "Note" icon. A window will display that will allow you to free-text your entry. You will also see several mood emojis, which you can click/tap to apply.
3. Once posted, you can see all of your logged entries, and can edit any posts as needed.

DNA Tested Supplements

	Brand	Supplement	Dosage	Bottle Quantity
1	PHP	molybdenum	1 cap 2x/day	
2	PHP	pineal liquisense	1 tsp 3x/day	
3	microbalance health	citridrops nasal spray	2 sprays 1x/day	
4	microbalance health	nasal rinse bundle	3x/week	
5	cellcore	CT-minerals	1 Cap 2x/day	
6	cellcore	viradchem binder	3 caps 3x/day (90min away from other supplements and medications)	
7	desbio	liposomal lipoic acid with EDTA	1 tsp 2x/day	
8	PHP	pneumo complex	2 caps 2x/day	
9	grain free diet			
10	gluten free diet			
11	ionized detox hand bath		2x/week	
12	cupping		1x/week	
13				

Brand	Supplement	Dosage	Bottle Quantity
14			
15			

Supplement Ordering Details

A portion of your supplements will be coming from Doctor's Supplement Store. Once your supplements are processed, you will receive an email directly from Doctor's Supplement Store. We might also recommend supplements that are not available through DSS. We will advise you if SomaSonder has any additional supplements in stock or we will provide you with ordering directions for the specific company.

SUPPLEMENT ORDERING DIRECTIONS PER COMPANY

- CellCore: Go to <https://cellcore.com/pages/register-customer> and create a Patient Account. Use Patient Direct code kWfzJstP to register.
- Microbalance Health Products: <https://microbalancehealthproducts.com/?rfsn=7100110.ff05fa>

Dietary Recommendations

Recommendations	
Diet Plan	gluten/grain free
Foods to Avoid	wheat, rice, oat, corn, rye, barley
Protein Powder	

Schedule of Therapies

Schedule	Virtual with SomaSonder	SomaSonder Rental
Week 1		At Home Detox in a Box
Week 2	Follow Up	
Week 3		
Week 4	SPI Session	
Week 5		
Week 6	Re-evaluation Review of Findings	
Week 7		
Week 8	SPI Session	
Week 9		
Week 10		

Week 11

Week 12

Re-evaluation Review of Findings

Post-Review/ Program Information

We will send you a piece of equipment for at-home detox. These devices are easy to use and we will give you a play-by-play on how to do it. Our program is also intended for busy professionals so this should be manageable during your week. We will also be supporting you through the journey so do not feel overwhelmed with the above testing. Remember, specificity is key and that is why we get results.

The program includes all follow ups, retesting, 24/7 chat support, equipment rentals, and hypnosis work. Please watch our videos in the Programs tab in the Onboarding Support module where we walk through how our programs are designed and why. We do have a monthly payment option so please do not hesitate to ask.

DNA Tested Therapies: Drainage

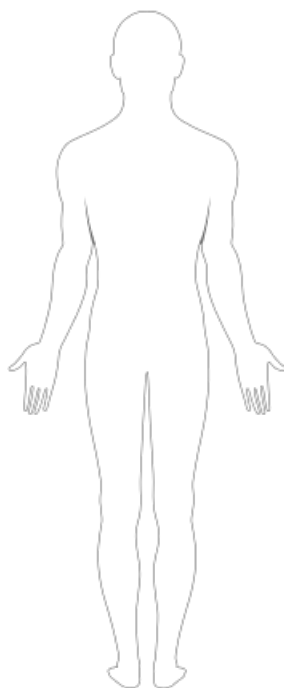
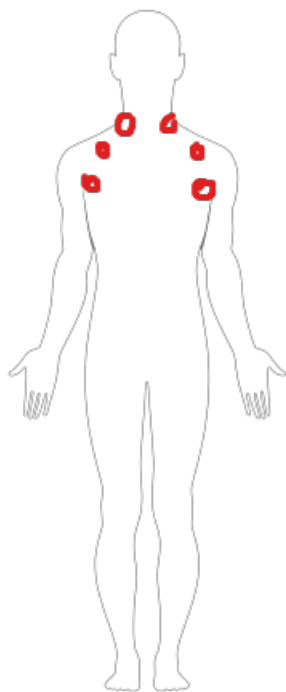
- Cupping Therapy

Cupping Areas

Unanswered

Front

Back



Additional Details for Drainage Therapies

hand bath for upper lymphatic chain

DNA Tested Therapies: Detox

- Ionized Foot Bath
-